


JANUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALL MEALS SERVED WITH 8oz of 2% MILK	YOUR CONTRIBUTIONS ARE GREATLY APPRECIATED.	1  NEW YEARS DAY	2 Cabbage Casserole w/ Beef & Rice 1c Carrots 1/2c Fruit Cocktail 1/2c Brownie 1 sq Wheat Bread w/ butter	3 Crab Patty 3oz Au gratin Potatoes 1/2c Tossed salad 1/2c w/ Dressing Mandarin Oranges 1/2c Chocolate Pudding 1/2c Wheat Bread w/ butter 1
6 BBQ Chicken Thigh 3oz Mac & Cheese 1/2c Green Beans 1/2c Applesauce 1/2c Wheat Bread w/ butter	7 Beef Vegetable Stew 1c (Carrots & Potatoes) Brown Rice 1/2c Peas 1/2c Pears 1/2c Wheat Bread w/ butter	8 Lima Beans 8z w/ Rice 1/2c Smoke Sausage 3oz Peaches 1/2c Vanilla Pudding 1/2c Wheat Bread w/ butter	9 Spaghetti 1/2c w/ Meat Sauce 1c Tossed Salad 1/2c w/ Italian Dressing Corn 1/2c Ambrosia 1/2c Garlic Bread	10 Tuna Salad 1/2c on Bun Potato Soup 1c Shredded Lettuce 1/2 c Tomato Slice 2 Mandarin Oranges 1/2c
13 Carrots & Ground Beef 1c Rice 1/2c Garden Salad 1/2c w/ Dressing Pineapple 1/2c Wheat Bread w/ butter	14 Pork Roast w/gravy 3oz Field Peas 1/2c w/ Rice 1/2c Green Beans 1/2c Chocolate Pudding 1/2c Wheat Bread w/butter	15 Chicken Fettuccine 8oz Fettuccini Noodle 1/2c Steamed Broccoli 1/2c Mandarin Oranges 1/2c Graham Cracker 2 pkts Wheat Bread w/butter	16 Lasagna 8oz Corn 1/2c Pineapples 1/2c Vanilla Wafers 6ea Garlic Bread	17 Shrimp Stew 8oz Rice 1/2c Potato Salad 1/2c Fruit Cocktail 1/2c Chocolate Chip Cookie Wheat Bread w/ butter
20 Martin Luther King Jr. Holiday	21 Crab Patty 3oz on Bun 1 Cheese 1 sl Lettuce 1/2 c & Tom 2sl Coleslaw 1/2c Potato Chip 1 bag Peaches 1/2c	22 Hamburger Steak 3oz w/gravy Mashed Potatoes 1/2c Peas 1/2c Pears 1/2c Wheat Bread w/ butter	23 Chicken & Sausage Jambalaya 1c Corn 1/2c Mandarin Oranges 1/2c Vanilla Yogurt 1/2c Wheat Bread w/ butter	24 Shrimp Creole 1c Brown Rice 1/2c Tossed Salad 1/2c w/ Italian Dressing Fruit Cocktail 1/2c Sugar Cookie Cornbread
27 Beef Patty 3oz on Bun 1 Lettuce & Tomatoes 1/2c Baked Beans 1/2c Coleslaw 1/2c Oranges 1/2c Mayo & Mustard pkt	28 Red Beans 8oz Rice 1/2c Smoke Sausage 3oz Mustard Greens 1/2c Pears 1/2c Wheat Bread w/ butter	29 Roasted Turkey 3oz Dirty Rice 1/2c Yam 2ea Peaches 1/2c Yogurt 1 ct Wheat Bread w/ butter	30 Chili 8oz w/ Ground Beef & Beans Corn 1/2c Pineapples 1/2c Vanilla Wafers 6ea Crackers 3 pkts	31 Shrimp Jambalaya 1c Potato Salad 1/2c Fruit Cocktail 1/2c Chocolate Chip Cookie Cornbread w/ butter


Deborah Marston

FEBURARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ALL MEALS SERVED WITH 8oz of 2% MILK	YOUR CONTRIBUTIONS ARE GREATLY APPRECIATED.			
3 Chili 8oz w/ Ground Beef & Beans Corn 1/2c Pineapples 1/2c Vanilla Wafers 6ea Crackers 3 pkts	4 Beef Vegetable Stew 1c (Carrots & Potatoes) Brown Rice 1/2c Peas 1/2c Pears 1/2c Wheat Bread w/ butter	5 BBQ Chicken Thigh 3oz Mac & Cheese 1/2c Green Beans 1/2c Applesauce 1/2c Wheat Bread w/ butter	6 Lima Beans 8oz w/ Rice 1/2c Smoke Sausage 3oz Peaches 1/2c Vanilla Pudding 1/2c Wheat Bread w/ butter	7 Crab Patty 3oz Au gratin Potatoes 1/2c Tossed salad 1/2c w/ Dressing Mandurian Oranges 1/2c Chocolate Pudding 1/2c Wheat Bread w/ butter 1
10 Spaghetti 1/2c w/ Meat Sauce 1c Tossed Salad 1/2c w/ Italian Dressing Corn 1/2c Ambrosia 1/2c Garlic Bread	11 Chef Salad w/Turkey 2oz Lettuce 2c, Tom wedge 2, Cucumber 1/2c Boiled Egg 1/Cheese 2oz Mondrian Oranges 1/2c Brownie 1sq Crackers 4pkt/Dressing	12 Chicken & Sausage Jambalaya 1c Corn 1/2c Mandarin Oranges 1/2c Vanilla Yogurt 1/2c Wheat Bread w/ butter	13 Hamburger Steak 3oz w/gravy Mashed Potatoes 1/2c Peas 1/2c Pears 1/2c Wheat Bread w/ butter	14 Shrimp Creole 1c Brown Rice 1/2c Spinach 1/2c Tossed Salad 1/2c w/ Italian Dressing Fruit Cocktail 1/2c Garlic Bread
17 Cabbage Casserole w/ Beef & Rice 1c Carrots 1/2c Fruit Cocktail 1/2c Brownie 1 sq Wheat Bread w/ butter	18 Chicken Fettuccine 8oz Fettuccini Noodle 1/2c Steamed Broccoli 1/2c Peaches 1/2c Graham Cracker 2 pkts Wheat Bread w/butter	19 Pork Roast w/gravy 3oz Field Peas 1/2c w/ Rice 1/2c Green Beans 1/2c Chocolate Pudding 1/2c Garlic Bread	20 Smothered Beef Tips 3oz w/gravy Mashed Potatoes 1/2c Peas & Carrots 1/2c Tomato & Cucumber 1/2c Pears 1/2c Wheat Bread w/ butter	21 Tuna Salad 1/2c on Bun Potato Soup 1c Shredded Lettuce 1/2 c Tomato Slice 2 Mandarin Oranges 1/2c
24 Lasagna 8oz Corn 1/2c Pineapples 1/2c Vanilla Wafers 6ea Garlic Bread	25 Carrots & Ground Beef 1c Rice 1/2c Garden Salad 1/2c w/ Dressing Peaches 1/2c Wheat Bread w/ butter	26 Hamburger Patty 3oz on Bun Lettuce & Tomatoes 1/2c Baked Beans 1/2c Coleslaw 1/2c Fruit Juice 4oz Mayo & Mustard pkt	27 Red Beans 8oz Rice 1/2c Smoke Sausage 3oz Mustard Greens 1/2c Peaches 1/2c Cornbread 1sq	28 Shrimp Stew 8oz Rice 1/2c Potato Salad 1/2c Fruit Cocktail 1/2c Chocolate Chip Cookie Wheat Bread w/ butter

Prudh 01/25/2025

MARCH 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Lima Beans 8oz w/ Rice 1/2c Smoke Sausage 3oz Peaches 1/2c Vanilla Pudding 1/2c Wheat Bread w/ butter	4  MARDI GRAS HOLIDAY	5 <u>ASH WEDNESDAY</u> Shrimp Stew 8oz Rice 1/2c Potato Salad 1/2c Fruit Cocktail 1/2c Chocolate Chip Cookie Wheat Bread w/ butter	6 Spaghetti 1/2c w/ Meat Sauce 1c Tossed Salad 1/2c w/ Italian Dressing Corn 1/2c Ambrosia 1/2c Garlic Bread	7 Crab Patty 3oz Au gratin Potatoes 1/2c Tossed salad 1/2c w/ Dressing Pears 1/2c Chocolate Pudding 1/2c Wheat Bread w/ butter 1
10 Chicken & Sausage Creole 6oz w/ Rice 1/2c Okra & Tomatoes 1/2c Garden Salad 1/2c w/ Dressing Pineapple 1/2c Wheat Bread w/ butter	11 Carrots & Ground Beef 1c Rice 1/2c Garden Salad 1/2c w/ Dressing Peaches 1/2c Wheat Bread w/ butter	12 Chef Salad w/Turkey 2oz Lettuce 2c, Tom wedge 2, Cucumber 1/2c Boiled Egg 1/Cheese 2oz Mondrian Oranges 1/2c Brownie 1sq Crackers 4pkt/Dressing	13 Pork Roast w/gravy 3oz Field Peas 1/2c w/ Rice 1/2c Green Beans 1/2c Chocolate Pudding 1/2c Garlic Bread	14 Tuna Salad 1/2c on Bun Potato Soup 1c Shredded Lettuce 1/2 c Tomato Slice 2 Mandarin Oranges 1/2c
17 White Beans 8oz Rice 1/2c Crab Patty 3oz Marinated Tomatoes 1/2c Banana Pudding 1/2c Wheat Bread w/ butter	18 Chicken & Sausage Jambalaya 1c Corn 1/2c Mandarin Oranges 1/2c Vanilla Yogurt 1/2c Wheat Bread w/ butter	19 Hamburger Steak 3oz w/gravy Mashed Potatoes 1/2c Peas 1/2c Pears 1/2c Wheat Bread w/ butter	20 Cabbage Casserole w/ Beef & Rice 1c Carrots 1/2c Fruit Cocktail 1/2c Brownie 1 sq Wheat Bread w/ butter	21 Shrimp Creole 1c Brown Rice 1/2c Spinach 1/2c Tossed Salad 1/2c w/drsg Peaches 1sq Garlic Bread
24 Chicken Fettuccine 8oz Fettuccini Noodle 1/2c Steamed Broccoli 1/2c Mandarin Oranges 1/2c Graham Crackers 2 sq Garlic Bread	25 Smothered Beef Tips 3oz w/gravy Mac & Cheese 1/2c Peas & Carrots 1/2c Tomato & Cucumber 1/2c Pears 1/2c Wheat Bread w/ butter	28 Red Beans 8oz Rice 1/2c Smoke Sausage 3oz Mustard Greens 1/2c Peaches 1/2c Cornbread 1sq	27 Chili 8oz w/ Ground Beef & Beans Corn 1/2c Pineapples 1/2c Vanilla Wafers 6ea Crackers 3 pkts	28 Shrimp Jambalaya 1c Potato Salad 1/2c Fruit Cocktail 1/2c Chocolate Chip Cookie Garlic Bread
31 Creole Pork Chop 6oz Rice 1/2c Veg Blend 1/2c Pineapples 1/2c Graham Crackers 2sq Cornbread 1 sq			ALL MEALS SERVED WITH 8oz of 2% MILK	YOUR CONTRIBUTIONS ARE GREATLY APPRECIATED.

Paula M. Mason