

# JANUARY 2026

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|---|---|---|---|
| <b>ALL MEALS<br/>SERVED WITH<br/>8oz of 2% MILK</b>  | <b>YOUR<br/>CONTRIBUTIONS<br/>ARE GREATLY<br/>APPRECIATED.</b>  |   | 1<br>  | 2<br>Fish patty 3oz<br>Au gratin Potatoes 1/2c<br>Tossed salad 1/2c w/<br>Dressing<br>Mandarin Oranges 1/2c<br>Bun 1                        |
| 5<br>BBQ Chicken Thigh 3oz<br>Mac & Cheese 1/2c<br>Green Beans 1/2c<br>Applesauce 1/2c<br>Cookie 1<br>Wheat Bread w/ butter                  | 6<br>Chicken Stew 1c<br>(Carrots & Potatoes)<br>Brown Rice 1/2c<br>Peas 1/2c<br>Pears 1/2c<br>Wheat Bread w/ butter                   | 7<br>Lima Beans 8z w/<br>Rice 1/2c<br>Smoke Sausage 3oz<br>Peaches 1/2c<br>Vanilla Pudding 1/2c<br>Wheat Bread w/ butter                                  | 8<br>Spaghetti 1/2c w/<br>Meat Sauce 1c<br>Tossed Salad 1/2c w/<br>Italian Dressing<br>Corn 1/2c<br>Ambrosia 1/2c<br>Garlic Bread | 9<br>Tuna Salad 1/2c on Bun<br>Potato Soup 1c<br>Shredded Lettuce 1/2 c<br>Tomato Slice 2<br>Mandarin Oranges 1/2c                          |
| 12<br>Carrots & Ground Beef 1c<br>Rice 1/2c<br>Garden Salad 1/2c w/<br>Dressing<br>Pineapple 1/2c<br>Wheat Bread w/ butter                   | 13<br>Pork Roast w/gravy 3oz<br>Field Peas 1/2c w/<br>Rice 1/2c<br>Green Beans 1/2c<br>Chocolate Pudding 1/2c<br>Wheat Bread w/butter | 14<br>Chicken Fettuccine 8oz<br>Fettuccini Noodle 1/2c<br>Steamed Broccoli 1/2c<br>Mandarin Oranges 1/2c<br>Graham Cracker 2 pkts<br>Wheat Bread w/butter | 15<br>Lasagna 8oz<br>Corn 1/2c<br>Pineapples 1/2c<br>Vanilla Wafers 6ea<br>Garlic Bread   | 16<br>Shrimp Stew 8oz<br>Rice 1/2c<br>Potato Salad 1/2c<br>Fruit Cocktail 1/2c<br>Chocolate Chip Cookie 1<br>Wheat Bread w/ butter          |
| 19<br><b>Martin Luther King Jr.<br/>Holiday</b>  | 20<br>Crab Patty 3oz on Bun 1<br>Cheese 1 sl<br>Lettuce 1/2 c & Tom 2sl<br>Coleslaw 1/2c<br>Potato Chip 1 bag<br>Peaches 1/2c         | 21<br>Hamburger Steak 3oz<br>w/gravy<br>Mashed Potatoes 1/2c<br>Peas 1/2c<br>Pears 1/2c<br>Wheat Bread w/ butter  | 22<br>Chicken & Sausage<br>Jambalaya 1c<br>Corn 1/2c<br>Mandarin Oranges 1/2c<br>Vanilla Yogurt 1/2c<br>Wheat Bread w/ butter     | 23<br>Shrimp Creole 1c<br>Brown Rice 1/2c<br>Tossed Salad 1/2c w/<br>Italian Dressing<br>Fruit Cocktail 1/2c<br>Sugar Cookie 1<br>Cornbread |
| 26<br>Beef Patty 3oz on Bun 1<br>Lettuce & Tomatoes 1/2c<br>Baked Beans 1/2c<br>Coleslaw 1/2c<br>Mandarin Oranges 1/2c<br>Mayo & Mustard pkt | 27<br>Red Beans 8oz<br>Rice 1/2c<br>Smoke Sausage 3oz<br>Mustard Greens 1/2c<br>Pears 1/2c<br>Wheat Bread w/ butter                   | 28<br>Roasted Turkey 3oz<br>Dirty Rice 1/2c<br>Yam 2ea<br>Peaches 1/2c<br>Yogurt 1/2c<br>Wheat Bread w/ butter  | 29<br>Chili 8oz<br>w/ Ground Beef & Beans<br>Corn 1/2c<br>Pineapples 1/2c<br>Vanilla Wafers 6ea<br>Crackers 3 pkts                | 30<br>Shrimp Jambalaya 1c<br>Potato Salad 1/2c<br>Fruit Cocktail 1/2c<br>Chocolate Chip Cookie 1<br>Cornbread w/ butter                     |

Diana Markov

## FEBRUARY 2026

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|---|--|--|--|
| 2<br>Cabbage Casserole w/<br>Beef & Rice 1c<br>Carrots 1/2c<br>Fruit Cocktail 1/2c<br>Brownie 1 sq<br>Wheat Bread w/ butter       | 3<br>Chicken Stew 1c<br>(Carrots & Potatoes)<br>Brown Rice 1/2c<br>Peas 1/2c<br>Pears 1/2c<br>Wheat Bread w/ butter   | 4<br>BBQ Chicken Thigh 3oz<br>Mac & Cheese 1/2c<br>Green Beans 1/2c<br>Applesauce 1/2c<br>Cookie 1<br>Wheat Bread w/ butter                                  | 5<br>Lima Beans 8oz w/<br>Rice 1/2c<br>Smoke Sausage 3oz<br>Peaches 1/2c<br>Vanilla Pudding 1/2c<br>Wheat Bread w/ butter                              | 6<br>Fish patty 3oz<br>Au gratin Potatoes 1/2c<br>Tossed salad 1/2c w/<br>Dressing<br>Mandarin Oranges 1/2c<br>Chocolate Pudding 1/2c<br>Bun 1 |
| 9<br>Spaghetti 1/2c w/<br>Meat Sauce 1c<br>Tossed Salad 1/2c w/<br>Italian Dressing<br>Corn 1/2c<br>Ambrosia 1/2c<br>Garlic Bread | 10<br>Chef Salad w/Turkey 2oz<br>Lettuce 2c, Tom wedge 2,<br>Cucumber 1/2c<br>Boiled Egg 1/Cheese 2oz<br>Mandarin Oranges 1/2c<br>Brownie 1sq<br>Crackers 4pkt/Dressing | 11<br>Chicken & Sausage<br>Jambalaya 1c<br>Corn 1/2c<br>Peaches 1/2c<br>Vanilla Yogurt 1/2c<br>Wheat Bread w/ butter   | 12<br>Hamburger Steak 3oz<br>w/gravy<br>Mashed Potatoes 1/2c<br>Peas 1/2c<br>Pears 1/2c<br>Wheat Bread w/ butter                                       | 13<br>Shrimp Creole 1c<br>Brown Rice 1/2c<br>Spinach 1/2c<br>Tossed Salad 1/2c w/<br>Italian Dressing<br>Fruit Cocktail 1/2c<br>Garlic Bread   |
| 16<br>Chili 8oz<br>w/ Ground Beef & Beans<br>Corn 1/2c<br>Pineapples 1/2c<br>Vanilla Wafers 6ea<br>Crackers 3 pkts                | 17<br><br>MARDI GRAS HOLIDAY   | 18 <b><u>ASH WEDNESDAY</u></b><br>Shrimp Stew 8oz<br>Rice 1/2c<br>Potato Salad 1/2c<br>Fruit Cocktail 1/2c<br>Chocolate Chip Cookie<br>Wheat Bread w/ butter | 19<br>Smothered Chicken 3oz<br>w/gravy<br>Mashed Potatoes 1/2c<br>Peas & Carrots 1/2c<br>Tomato & Cucumber 1/2c<br>Pears 1/2c<br>Wheat Bread w/ butter | 20<br>Tuna Salad 1/2c on Bun<br>Potato Soup 1c<br>Shredded Lettuce 1/2 c<br>Tomato Slice 2<br>Mandarin Oranges 1/2c                            |
| 23<br>Lasagna 8oz<br>Corn 1/2c<br>Pineapples 1/2c<br>Vanilla Wafers 6ea<br>Garlic Bread   | 24<br>Carrots & Ground Beef 1c<br>Rice 1/2c<br>Garden Salad 1/2c w/<br>Dressing<br>Peaches 1/2c<br>Wheat Bread w/ butter  | 25<br>Hamburger Patty 3oz on<br>Bun w/ Cheese<br>Lettuce & Tomatoes 1/2c<br>Baked Beans 1/2c<br>Coleslaw 1/2c<br>Fruit Juice 4oz<br>Mayo & Mustard pkt       | 26<br>Red Beans 8oz<br>Rice 1/2c<br>Smoke Sausage 3oz<br>Mustard Greens 1/2c<br>Peaches 1/2c<br>Cornbread 1sq  | 27<br>Shrimp Stew 8oz<br>Rice 1/2c<br>Potato Salad 1/2c<br>Fruit Cocktail 1/2c<br>Chocolate Chip Cookie<br>Wheat Bread w/ butter               |
|   |   |  | <b>ALL MEALS<br/>                     SERVED WITH<br/>                     8oz of 2% MILK</b>  | <b>YOUR<br/>                     CONTRIBUTIONS<br/>                     ARE GREATLY<br/>                     APPRECIATED.</b>                  |

*Deirdre Morrison*

## MARCH 2026

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|---|---|---|--|
| 2<br>Lima Beans 8oz w/<br>Rice 1/2c<br>Smoke Sausage 3oz<br>Peaches 1/2c<br>Vanilla Pudding 1/2c<br>Wheat Bread w/ butter                                 | 3<br>Beef Hot Dog 1 w/ Bun<br>Chili 1/2c<br>Baked Beans 1/2c<br>Coleslaw 1/2c<br>Mandarin Oranges 1/2c<br>Mustard 1 pkt                               | 4<br>Pork Roast w/gravy 3oz<br>Field Peas 1/2c w/<br>Rice 1/2c<br>Green Beans 1/2c<br>Chocolate Pudding 1/2c<br>Garlic Bread  | 5<br>Spaghetti 1/2c w/<br>Meat Sauce 1c<br>Tossed Salad 1/2c w/<br>Italian Dressing<br>Corn 1/2c<br>Ambrosia 1/2c<br>Garlic Bread | 6<br>Fish Patty 3oz<br>Au gratin Potatoes 1/2c<br>Tossed salad 1/2c w/<br>Dressing<br>Pears 1/2c<br>Bun 1            |
| 9<br>Chicken & Sausage Creole<br>6oz w/ Rice 1/2c<br>Okra & Tomatoes 1/2c<br>Garden Salad 1/2c w/<br>Dressing<br>Pineapples 1/2c<br>Wheat Bread w/ butter | 10<br>Carrots & Ground Beef 1c<br>Rice 1/2c<br>Garden Salad 1/2c w/<br>Dressing<br>Peaches 1/2c<br>Wheat Bread w/ butter                              | 11<br>Chef Salad w/Turkey 2oz<br>Lettuce 2c, Tom wedge 2,<br>Cucumber 1/2c<br>Boiled Egg 1/Cheese 2oz<br>Mandarin Oranges 1/2c<br>Brownie 1sq<br>Crackers 4pkt/Dressing | 12<br>Pork Roast w/gravy 3oz<br>Field Peas 1/2c w/<br>Rice 1/2c<br>Green Beans 1/2c<br>Chocolate Pudding 1/2c<br>Garlic Bread     | 13<br>Tuna Salad 1/2c on Bun<br>Potato Soup 1c<br>Shredded Lettuce 1/2 c<br>Tomato Slice 2<br>Mandarin Oranges 1/2c  |
| 16<br>White Beans 8oz<br>Rice 1/2c<br>Crab Patty 3oz<br>Marinated Tomatoes 1/2c<br>Banana Pudding 1/2c<br>Wheat Bread w/ butter                           | 17<br>Chicken & Sausage<br>Jambalaya 1c<br>Corn 1/2c<br>Mandarin Oranges 1/2c<br>Vanilla Yogurt 1/2c<br>Wheat Bread w/ butter                         | 18<br>Hamburger Steak 3oz<br>w/gravy<br>Mashed Potatoes 1/2c<br>Peas 1/2c<br>Pears 1/2c<br>Wheat Bread w/ butter  | 19<br>Cabbage Casserole w/<br>Beef & Rice 1c<br>Carrots 1/2c<br>Fruit Cocktail 1/2c<br>Brownie 1 sq<br>Wheat Bread w/ butter      | 20<br>Shrimp Creole 1c<br>Brown Rice 1/2c<br>Spinach 1/2c<br>Tossed Salad 1/2c w/drsg<br>Peaches 1sq<br>Garlic Bread |
| 23<br>Chicken Fettuccine 8oz<br>Fettuccini Noodle 1/2c<br>Steamed Broccoli 1/2c<br>Mandarin Oranges 1/2c<br>Graham Crackers 2 sq<br>Garlic Bread          | 24<br>Smothered Beef Tips 3oz<br>w/gravy<br>Mac & Cheese 1/2c<br>Peas & Carrots 1/2c<br>Tomato & Cucumber 1/2c<br>Pears 1/2c<br>Wheat Bread w/ butter | 25<br>Red Beans 8oz<br>Rice 1/2c<br>Smoke Sausage 3oz<br>Mustard Greens 1/2c<br>Peaches 1/2c<br>Cornbread 1sq   | 26<br>Chili 8oz<br>w/ Ground Beef & Beans<br>Corn 1/2c<br>Pineapples 1/2c<br>Vanilla Wafers 6ea<br>Crackers 3 pkts                | 27<br>Shrimp Jambalaya 1c<br>Potato Salad 1/2c<br>Fruit Cocktail 1/2c<br>Chocolate Chip Cookie<br>Garlic Bread       |
| 30<br>Creole Pork Chop 6oz<br>Rice 1/2c<br>Veg Blend 1/2c<br>Pineapples 1/2c<br>Graham Crackers 2sq<br>Cornbread 1 sq                                     | 31<br>Beef Hot Dog 1 w/ Bun<br>Chili 1/2c<br>Baked Beans 1/2c<br>Coleslaw 1/2c<br>Lemon Cake 1/2c<br>Mustard 1 pkt                                    |   | <b>ALL MEALS<br/>SERVED WITH<br/>8oz of 2% MILK</b>   | <b>YOUR<br/>CONTRIBUTIONS<br/>ARE GREATLY<br/>APPRECIATED.</b>   |

*Beulah MASON*