

Jan-18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NEW YEARS DAY 2018 NO MEALS	MEATSAUCE 6 OZ ^{2nd}	PORK ROAST 3 OZ. /GRAVY2 ^{3rd}	BBQ CHICKEN 1/4 ^{4th}	CRAB PATTY 4OZ. ^{5th}
	SPAGHETTI 1/2 C	RICE 1/2 C	CORN 4oz	WHITE BEANS 4OZ/ RICE 4OZ
	BROCCOLI 4oz	SWEET POT. PATTIES 2	BAKED BEANS 4oz	SALAD 4OZ / TOM WEG 2EA
	SALAD 1/2C / TOM. WED 2	MIXED VEG. 1/2 C	VANILLA PUDDING 4oz	RANGER COOKIE 1EA
	MANDARIN 1/2C FRENCH 1	APPLESAUCE 1/2 C	COLESLAW 4oz	MARG 1EA
	WHEAT BREAD 1 /MARG. 1	WHEAT BREAD 1/ MARG 1	ORANGE 1ea	ORANGE JUICE 4OZ
2% MILK 8 OZ	2% MILK 8 OZ.	MARG. 1ea / MILK 2%	WHEAT BREAD 1EA	2% MILK 8OZ
OVEN FRIED CHICKEN 1/4 ^{8th}	LASAGNA 8 oz / CORN 4oz ^{9th}	BAKED CHICKEN BREAST 4oz ^{10th}	HAMBURGER STEAK 3oz ^{11th}	SHRIMP JAMBALAYA 8OZ
MASHED POT. 4OZ /GRAVY 2oz	SALAD 4oz/ TOM WED. 2ea	SMOTHERED CABBAGE 4OZ	MASHED POT 4oz/GRAVY 2OZ	MIXED VEG. 4OZ
MIXED VEG 4oz	GRAPE JUICE 4 OZ.	GLAZED CARROTS 4 OZ.	SPINACH 4oz	SALAD 4OZ/TOM WEG 2EA
LEMON CAKE 1ea	RANGER COOKIE 1	PINEAPPLE 4OZ	WHEAT BREAD 1EA	TROPICAL FRUIT SALAD 4OZ
MILK 2%/ MARG 1ea	WHEAT BREAD 1/ MARG. 1	CARROT CAKE 1EA	PEANUT BUTTER COOKIE 1EA	WHEAT BREAD 1EA
WHEAT BREAD 1	ITALIAN DRESSING 1ea	MILK 2%/ MARG. 1EA	PINEAPPLE JUICE 1ea	2% MILK 8OZ / MARG. 1EA
	2% MILK 8 OZ.	WHEAT BREAD 1EA	MILK 2% / MARG. 1ea	
MARTIN LUTHER KING DAY NO MEALS	CHICKEN FETTUCINI 8oz ^{15th}	MEATLOAF 4OZ / RICE 4oz ^{17th}	RED BEANS 6OZ ^{18th}	SHRIMP-GUMBO 8OZ ^{19th}
	FETTUCINI NOODLES 4OZ	BROWN GRAVY 1 OZ	SMOKED SAUSAGE 4oz	RICE 4OZ
	GREEN BEANS 4 oz	BROCCOLI 4oz / ITALIAN 1ea	RICE 4oz/MUSTARD GREENS 4oz	Okra 4oz
	SALAD 4oz / TOM WED. 2ea	PEACHES 4oz / RAISIN 2OZ	PINEAPPLE JUICE 1ea	POTATO SALAD 4OZ
	ORANGE 1ea / ITALIAN 1ea	SALAD 4oz /TOM WED. 2ea	APPLE 1ea /MARG 1ea	PINEAPPLE 4OZ
	MILK 2%/ MARG.1 ea	2% MILK 8 OZ. /MARG. 1ea	SALAD 4oz / TOM WEG 2ea	MARG. 1EA/ 2% MILK 8OZ
WHEAT BREAD 1ea	WHEAT BREAD 2EA	FRENCH 1 ea/MILK 2%	FRENCH BREAD 1EA	
POTATO & SAUSAGE STEW 6OZ	CREOLE PORK CHOP 6OZ ^{23rd}	BREADED CHICKEN PATTY 4 oz	CHEF SALAD 6 oz/ITALIAN 2 ea	FISH PATTY 4OZ /H.B BUN 1EA
BROWN RICE 4OZ ^{22nd}	RICE 4OZ / MIXED VEG 4OZ	MACARONI & CHEESE 4oz ^{24th}	BOILED EGG 1 ea ^{25th}	YAM PATTIES 2EA ^{26th}
ITALIAN BLEND VEG. 4OZ	SALAD 4OZ/TOM WEG. 2EA	PEAS & CARRÖTS 4oz	CHEESE 1oz / TOM WEG. 2ea	SHRED. LET 4OZ/TOM 2 SLICES
BEETS & ONION SALAD 4OZ	PEACHES 4OZ	PEACHES 4oz	DICED TURKEY HAM 2 oz	LIMA BEANS 4OZ
RANGER COOKIE 1/APPLE 1EA	WHEAT BREAD 1EA	ORANGE JUICE 4oz	BAKED POTATO 1EA	OATMEAL RAISIN COOKIE 1EA
WHEAT BREAD 1EA	MARG 1EA/Italian Dressing 1ea	MILK 2% / MARG. 1ea	MARG 1/MILK 2%/ORANGE 1ea	PINEAPPLE 4OZ/ORANGE 1EA
2% MILK 8OZ/ MARG. 1EA	2% MILK 8OZ	WHEAT BREAD 2ea	SALTINE CRACKERS 3pk. Ea.	2%MILK 8OZ/TARTAR 1EA
BLACKEYE PEAS 6OZ ^{29th}	STUFF CRAB 3oz ^{30th}	BAKED HAM 3 OZ./ PEAS 1/2 C		
SMK. SAUSAGE 3OZ	WHITE BEANS 4OZ /RICE 4oz	SWEET POTATO PATTY 2 ^{31st}		
BROWN RICE 4OZ	CORN BREAD 1ea	PINEAPPLE 1/2 C		
SALAD 4OZ/TOM WEG 2EA	SALAD 4oz /TOM WED. 2ea	CRANBERRY JUICE 4 OZ.		
OATMEAL RAISIN COOKIE 1 EA	PINEAPPLE 4oz/FRENCH 1ea	OATMEAL RAISIN COOKIE 1		
FRENCH 1ea/WHEAT BREAD 1ea	OATMEAL RAISIN COOKIE 1ea	WHEAT BREAD 1 / MARG. 1		
ORANGE JUICE 4OZ	MILK 2%	2% MILK 8 OZ.		
2%MILK 8OZ/ MARG 1EA				

Feb-18

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			MEATSAUCE 6 OZ 1st	CRAB PATTY 4OZ. 2nd
			SPAGHETTI 1/2 C	WHITE BEANS 4OZ/ RICE 4OZ
			BROCCOLI 4oz	SALAD 4OZ / TOM WEG 2EA
			SALAD 1/2C / TOM. WED 2	RANGER COOKIE 1EA
			MANDARIN 1/2C FRENCH 1	MARG 1EA
			WHEAT BREAD 1 /MARG. 1	ORANGE JUICE 4OZ
			2% MILK 8 OZ	WHEAT BREAD 1EA
				2% MILK 8OZ
OVEN FRIED CHICKEN 1/4 5th	LASAGNA 8 oz / CORN 4oz 10th	BAKED CHICKEN BREAST 4oz 7th	HAMBURGER STEAK 3oz 8th	SHRIMP JAMBALAYA 8OZ 9th
MASHED POT. 4OZ /GRAVY 2oz	SALAD 4oz/ TOM WED. 2ea	SMOTHERED CABBAGE 4OZ	MASHED POT 4oz/GRAVY 2OZ	MIXED VEG. 4OZ
MIXED VEG 4oz	GRAPE JUICE 4 OZ.	GLAZED CARROTS 4 OZ.	SPINACH 4oz	SALAD 4OZ/TOM WEG 2EA
LEMON CAKE 1ea	RANGER COOKIE 1	PINEAPPLE 4OZ	WHEAT BREAD 1EA	TROPICAL FRUIT SALAD 4OZ
MILK 2%/ MARG 1ea	WHEAT BREAD 1/ MARG. 1	CARROT CAKE 1EA	PEANUT BUTTER COOKIE 1EA	WHEAT BREAD 1EA
WHEAT BREAD 1	ITALIAN DRESSING 1ea	MILK 2%/ MARG. 1EA	PINEAPPLE JUICE 1ea	2% MILK 8OZ / MARG. 1EA
	2% MILK 8 OZ.	WHEAT BREAD 1EA	MILK 2% / MARG. 1ea	
MARDI GRAS MONDAY NO MEALS 12th	FAT TUESDAY MARDI GRAS NO MEALS 13th	STUFF CRAB 3oz 14th	CREOLE PORK CHOP 6OZ 15th	FISH PATTY 4OZ /H.B BUN 1EA /
		WHITE BEANS 4OZ /RICE 4oz	RICE 4OZ / MIXED VEG 4OZ	YAM PATTIES 2EA 16th
		CORN BREAD 1ea	SALAD 4OZ/TOM WEG. 2EA	SHRED. LET 4OZ/TOM 2 SLICES
		SALAD 4oz /TOM WED. 2ea	PEACHES 4OZ	LIMA BEANS 4OZ
		PINEAPPLE 4oz/FRENCH 1ea	WHEAT BREAD 1EA	OATMEAL RAISIN COOKIE 1EA
		OATMEAL RAISIN COOKIE 1ea	MARG 1EA/Italian Dressing 1ea	PINEAPPLE 4OZ/ORANGE 1EA
		MILK 2%	2% MILK 8OZ	2%MILK 8OZ/TARTAR 1EA
CHICKEN FETTUCINI 8oz 19th	MEATLOAF 4OZ / RICE 4oz 20th	RED BEANS 6OZ 21st	BAKED HAM 3 OZ./ PEAS 1/2 C	SHRIMP GUMBO 8OZ 23rd
FETTUCINI NOODLES 4OZ	BROWN GRAVY 1 OZ	SMOKED SAUSAGE 4oz	SWEET POTATO PATTY 2 22nd	RICE 4OZ
GREEN BEANS 4 oz	BROCCOLI 4oz / ITALIAN 1ea	RICE 4oz/MUSTARD GREENS 4oz	PINEAPPLE 1/2 C	Okra 4oz
SALAD 4oz / TOM WED. 2ea	PEACHES 4oz / RAISIN 2OZ	PINEAPPLE JUICE 1ea	CRANBERRY JUICE 4 OZ.	POTATO SALAD 4OZ
ORANGE 1ea / ITALIAN 1ea	SALAD 4oz /TOM WED. 2ea	APPLE 1ea /MARG 1ea	OATMEAL RAISIN COOKIE 1	PINEAPPLE 4OZ
MILK 2%/ MARG.1 ea	2% MILK 8 OZ. /MARG. 1ea	SALAD 4oz / TOM WEG 2ea	WHEAT BREAD 1 / MARG. 1	MARG. 1EA/ 2% MILK 8OZ
WHEAT BREAD 1ea	WHEAT BREAD 2EA	FRENCH 1 ea/MILK 2%	2% MILK 8 OZ.	FRENCH BREAD 1EA
PORK ROAST 3 OZ. /GRAVY 2 26th	BBQ CHICKEN 1/4 27th	BREADED CHICKEN PATTY 4 oz		
RICE 1/2 C	CORN 4oz	MACARONI & CHEESE 4oz 28th		
SWEET POT. PATTIES 2	BAKED BEANS 4oz	PEAS & CARROTS 4oz		
MIXED VEG. 1/2 C	VANILLA PUDDING 4oz	PEACHES 4oz		
APPLESAUCE 1/2 C	COLESLAW 4oz	ORANGE JUICE 4oz		
WHEAT BREAD 1/ MARG 1	ORANGE 1ea	MILK 2% / MARG. 1ea		
2% MILK 8 OZ.	MARG. 1ea / MILK 2%	WHEAT BREAD 2ea		

Mar-18

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			MEATSAUCE 6 OZ SPAGHETTI 1/2 C BROCCOLI 4oz SALAD 1/2C / TOM. WED 2 MANDARIN 1/2C FRENCH 1 WHEAT BREAD 1 /MARG. 1 2% MILK 8 OZ	CRAB PATTY 4OZ. WHITE BEANS 4OZ/ RICE 4OZ SALAD 4OZ / TOM WEG 2EA RANGER COOKIE 1EA MARG 1EA ORANGE JUICE 4OZ WHEAT BREAD 1EA
OVEN FRIED CHICKEN 1/4 MASHED POT. 4OZ /GRAVY 2oz MIXED VEG 4oz LEMON CAKE 1ea MILK 2%/ MARG 1ea WHEAT BREAD 1	LASAGNA 8 oz / CORN 4oz SALAD 4oz/ TOM WED. 2ea GRAPE JUICE 4 OZ. RANGER COOKIE 1 WHEAT BREAD 1/ MARG. 1 ITALIAN DRESSING 1ea 2% MILK 8 OZ.	BAKED CHICKEN BREAST 4oz SMOTHERED CABBAGE 4OZ GLAZED CARROTS 4 OZ. PINEAPPLE 4OZ CARROT CAKE 1EA MILK 2%/ MARG. 1EA WHEAT BREAD 1EA	HAMBURGER STEAK 3oz MASHED POT 4oz/GRAVY 2OZ SPINACH 4oz WHEAT BREAD 1EA PEANUT BUTTER COOKIE 1EA PINEAPPLE JUICE 1ea MILK 2% / MARG. 1ea	SHRIMP JAMBALAYA 8OZ MIXED VEG. 4OZ SALAD 4OZ/TOM WEG 2EA TROPICAL FRUIT SALAD 4OZ WHEAT BREAD 1EA 2% MILK 8OZ / MARG. 1EA
CHICKEN FETTUCINI 8oz FETTUCINI NOODLES 4OZ GREEN BEANS 4 oz SALAD 4oz / TOM WED. 2ea ORANGE 1ea / ITALIAN 1ea MILK 2%/ MARG.1 ea WHEAT BREAD 1ea	MEATLOAF 4OZ / RICE 4oz BROWN GRAVY 1 OZ BROCCOLI 4oz / ITALIAN 1ea PEACHES 4oz / RAISIN 2OZ SALAD 4oz /TOM WED. 2ea 2% MILK 8 OZ. /MARG. 1ea WHEAT BREAD 2EA	RED BEANS 6OZ SMOKED SAUSAGE 4oz RICE 4oz/MUSTARD GREENS 4oz PINEAPPLE JUICE 1ea APPLE 1ea /MARG 1ea SALAD 4oz / TOM WEG 2ea FRENCH 1 ea/MILK 2%	BAKED HAM 3 OZ./ PEAS 1/2 C SWEET POTATO PATTY 2 PINEAPPLE 1/2 C CRANBERRY JUICE 4 OZ. OATMEAL RAISIN COOKIE 1 WHEAT BREAD 1 / MARG. 1 2% MILK 8 OZ.	SHRIMP GUMBO 8OZ RICE 4OZ Okra 4oz POTATO SALAD 4OZ PINEAPPLE 4OZ MARG. 1EA/ 2% MILK 8OZ FRENCH BREAD 1EA
POTATO & SAUSAGE STEW 6OZ BROWN RICE 4OZ ITALIAN BLEND VEG. 4OZ BEETS & ONION SALAD 4OZ RANGER COOKIE 1/APPLE 1EA WHEAT BREAD 1EA 2% MILK 8OZ/ MARG. 1EA	CREOLE PORK CHOP 6OZ RICE 4OZ / MIXED VEG 4OZ SALAD 4OZ/TOM WEG. 2EA PEACHES 4OZ WHEAT BREAD 1EA MARG 1EA/Italian Dressing 1ea 2% MILK 8OZ	BREADED CHICKEN PATTY 4 oz MACARONI & CHEESE 4oz PEAS & CARROTS 4oz PEACHES 4oz ORANGE JUICE 4oz MILK 2% / MARG. 1ea WHEAT BREAD 2ea	CHEF SALAD 6 oz/ITALIAN 2 ea BOILED EGG 1 ea CHEESE 1oz / TOM WEG. 2ea DICED TURKEY HAM 2 oz BAKED POTATO 1EA MARG 1/MILK 2%/ORANGE 1ea SALTINE CRACKERS 3pk. Ea.	FISH PATTY 4OZ /H.B BUN 1EA YAM PATTIES 2EA SHRED. LET 4OZ/TOM 2 SLICES LIMA BEANS 4OZ OATMEAL RAISIN COOKIE 1EA PINEAPPLE 4OZ/ORANGE 1EA 2%MILK 8OZ/TARTAR 1EA
PORK ROAST 3 OZ. /GRAVY2 RICE 1/2 C SWEET POT. PATTIES 2 MIXED VEG. 1/2 C APPLESAUCE 1/2 C WHEAT BREAD 1/ MARG 1 2% MILK 8 OZ.	BBQ CHICKEN 1/4 CORN 4oz BAKED BEANS 4oz VANILLA PUDDING 4oz COLESLAW 4oz ORANGE 1ea MARG. 1ea / MILK 2% FRENCH BREAD 1ea	BLACKEYE PEAS 6OZ SMK. SAUSAGE 3OZ BROWN RICE 4OZ SALAD 4OZ/TOM WEG 2EA OATMEAL RAISIN COOKIE 1 EA FRENCH 1ea/WHEAT BREAD 1ea ORANGE JUICE 4OZ 2%MILK 8OZ/ MARG 1EA	STUFF CRAB 3oz WHITE BEANS 4OZ /RICE 4oz CORN BREAD 1ea SALAD 4oz /TOM WED. 2ea PINEAPPLE 4oz/FRENCH 1ea OATMEAL RAISIN COOKIE 1ea MILK 2%	NO MEAL GOOD FRIDAY